

Global minimizers for the doubly-constrained Helfrich energy: the axisymmetric case.

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Abstract

Since the pioneering work of Canham and Helfrich, variational formulations involving curvature-dependent functionals, like the classical Willmore functional, have proven useful for shape analysis of biomembranes. We address minimizers of the Canham-Helfrich functional defined over closed surfaces enclosing a fixed volume and having fixed surface area. By restricting attention to axisymmetric surfaces, we prove the existence of global minimizers.

Keywords: Willmore functional, Helfrich functional, biomembranes, direct method in the calculus of variations.

AMS subject classification: 49Q10, 49J45 (58E99, 53C80).

1 Introduction and main result

For compact surfaces Σ embedded in \mathbb{R}^3 , the Canham-Helfrich functional is defined by

$$\mathcal{H}(\Sigma) = \int_{\Sigma} \left\{ \frac{\kappa_H}{2} (H - H_0)^2 + \kappa_G K \right\} dA, \quad (1.1)$$

where the integration is with respect to the ordinary 2-dimensional area measure, H is the sum of the principal curvatures of Σ , i.e., twice the mean curvature, K is the Gaussian curvature, $\kappa_H, \kappa_G \in \mathbb{R}$ are constant bending rigidities and $H_0 \in \mathbb{R}$ is a given spontaneous curvature.

We prove the existence of a global minimizer for \mathcal{H} , in the class of finite systems of axisymmetric surfaces, under the constraints that the total area and the total enclosed volume of the surfaces are fixed.

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Biological membranes and their shapes have attracted attention from researchers across many areas of mathematics. For example, membranes connect classical problems of differential geometry involving Willmore's functional to studies of shape configurations of biological cells in physics and biology (see, e.g., [18], [20]). More recently, researchers in both mathematical analysis and scientific computing have directed efforts to understanding *multiphase* membranes, where phase transitions and pattern formation can be observed (see, e.g. [4], [14], [30], [22], [13], [31]). The modeling of multiphase membranes has numerous applications associated with artificial membranes in pharmacology and bioengineering (e.g., [29]).

In his seminal work [9], Canham proposed the functional (1.1), in the case $H_0 = 0$, in order to model the elastic bending energy of biological membranes formed by a double layer of phospholipids. When immersed in water, these molecules, which are composed by a hydrophilic head and a hydrophobic tail, spontaneously aggregate in order to shield the tails from water, forming a closed bilayer with the heads pointing outwards. Since the thickness of a layer is generally three to four orders of magnitude smaller than the size of the observed cells or vesicles, the bilayer is usually approximated as a two-dimensional surface Σ embedded in \mathbb{R}^3 . The functional \mathcal{H} is the most general example of energy which is quadratic in the principal curvatures. The parameter $H_0 \in \mathbb{R}$, added by Helfrich [16], accounts for an asymmetry in the composition of the layers and gives rise to a spontaneous curvature of the membrane in absence of other constraints. The bending rigidities κ_H and κ_G are also material-dependent parameters. Under the simplifying assumption that the membrane is homogeneous, we choose H_0, κ_H and κ_G constant. In reality, phases with different levels of aggregation and different rigidities are observed [19].

There are two natural constraints associated with the membrane configuration. Since lipid membranes are inextensible, the total area of the membrane should be fixed. On the other hand, the membrane is permeable to water but not to dissolved ions. The resulting osmotic pressure leads then to a constraint on the volume enclosed by the membrane, which can therefore be regarded as constant [20].

Another important feature of membranes is that they can undergo topological changes, for example, a spherical vesicle can shrink at the equator and eventually split into two vesicles (fission) or a small dome can rise from a point of the surface and grow into a new entity which separates from the original one (budding), see e.g. [26, Section 3.9] and [3]. In order to be able to describe these kind of phenomena, we do not impose restrictions on the number of components of the minimizers.

Helfrich's functional can be regarded as a generalization of the classical Willmore functional, defined by

$$W(\Sigma) = \frac{1}{4} \int_{\Sigma} |H|^2 dA.$$

In the seminal paper [27], Leon Simon proved that for each $n \geq 3$ there exists a compact embedded real analytic torus in \mathbb{R}^n which minimizes W among compact embedded surfaces of genus 1. Following the direct method of the calculus of variations, he first shows that sequences of minimizers are compact in the sense of measures, and then proves that

the limit measure is actually an analytic surface. Simon's proof of regularity relies on the invariance of Willmore functional under conformal transformations and on the fact that a minimizing surface Σ must satisfy $4\pi \leq W(\Sigma) \leq 8\pi$. Owing to the presence of the spontaneous curvature H_0 and to the combined area and volume constraints, Helfrich's functional *is not conformally invariant*, and for general values of area and volume, we only know that $0 \leq \mathcal{H}$. Therefore, though measure-compactness can be easily transferred to our case, Simon's method for regularity cannot be employed, and we have to find a different approach.

Existence of minimizers for functionals with weak second fundamental form in L^2 was addressed also in [17], using the theory of varifolds (see also the end of Section 1.2). However, in contrast to the mean curvature vector, the scalar mean curvature H does not have a variational characterization and there is no definition of scalar mean curvature for an arbitrary integral varifold. This obstacle can be removed using the generalized Gauss graphs introduced in [2] and developed in [11]. Compactness and lower-semicontinuity properties allow to obtain a minimizer, but it is not trivial to understand whether the limit, which in general is only a rectifiable current, is actually a classical surface. This is certainly true in the case of one-dimensional curves in \mathbb{R}^2 , see e.g. [5], [6] and [7], but the question remains open for surfaces in \mathbb{R}^3 .

A different approach, based on a new formulation for the Euler-Lagrange equation of Willmore functional, was introduced in [25]. One of the results therein is a new proof of the existence of minimizers. In the attempt to apply this new method to Helfrich functional, the same difficulties as above appear, in particular, the lack of an equivalent of Li-Yau minimality condition [21, Theorem 6] for Helfrich functional necessitates another approach in order to guarantee that minimizers are embedded.

In the present work, we give an answer that is only partial, since we restrict to axisymmetric surfaces. We note that our result cannot be obtained from the above-mentioned results for $W^{2,2}$ -regular curves, since if a curve γ generates a surface with bounded Helfrich energy \mathcal{H} , it is not true in general that γ is $W^{2,2}$ -regular (see Section 1.2 below). Moreover the class of axisymmetric surfaces is probably the most interesting from the point of view of applications: "it turns out that in large regions of the interesting parameter space the shape of lowest energy is indeed axisymmetric for vesicles of spherical topology" ([26, Section 3.1.4]). We actually conjecture that *for any given area and volume satisfying the isoperimetric inequality, and for any constant spontaneous curvature, the problem of minimizing (1.1) in the class of embedded surfaces has a solution, and it is axisymmetric.*

1.1 The class of minimizers

An *axisymmetric surface*, in the context of the present paper, is a surface Σ obtained by rotating a curve γ , contained in the $x - z$ plane in \mathbb{R}^3 , around the z -axis. Since, following the direct method of the calculus of variations, we want to find the minimum of \mathcal{H} as the limit of a sequence of minimizers, we need the class of possible minimizers to be closed with respect to a reasonable topology. Simple curves alone are thus not sufficient, as a curve as in Figure 3-left can be obtained as a uniform limit of smooth simple curves.

The curves falling in the two classes introduced below are regular enough to allow for a definition of a generalized Helfrich energy, surface area, and enclosed volume, and at the same time are closed under the convergence induced by \mathcal{H} .

Notation. Let $\gamma : [a, b] \rightarrow \mathbb{R}^2$, $t \mapsto (\gamma_1(t), \gamma_2(t))$, be a plane curve of class C^1 . Denote $\dot{\gamma} := d\gamma/dt$. Let $(\gamma) := \gamma([a, b]) = \{\gamma(t) : t \in [a, b]\}$ be the trace of γ and let $\ell(\gamma) = |\dot{\gamma}|$ be its length. We mostly parametrize γ on the interval $[0, 1]$ with constant speed $|\dot{\gamma}| = \ell(\gamma)$, in some cases, where specified, we use the arclength parametrization $|\dot{\gamma}| \equiv 1$ on the interval $[0, \ell(\gamma)]$.

Definition 1.1. A curve $\gamma : [0, 1] \rightarrow \mathbb{R}^2$ belongs to the class (G0) of *curves generating a genus-0 surface with bounded weak curvature* if and only if

$$\gamma \in C^1((0, 1); \mathbb{R}^2) \cap W_{\text{loc}}^{2,2}((0, 1); \mathbb{R}^2) \quad (1.2)$$

$$|\dot{\gamma}(t)| \equiv \ell(\gamma) \quad \forall t \in (0, 1), \quad (1.3)$$

$$\gamma_1(0) = \gamma_1(1) = 0, \quad \gamma_1(t) > 0 \quad \forall t \in (0, 1). \quad (1.4)$$

Definition 1.2. A curve $\gamma : [0, 1] \rightarrow \mathbb{R}^2$ belongs to the class (G1) of *curves generating a genus-1 surface with bounded weak curvature* if and only if

$$\gamma \in W^{2,2}([0, 1]; \mathbb{R}^2), \quad (1.5)$$

$$|\dot{\gamma}(t)| \equiv \ell(\gamma) \quad \forall t \in [0, 1], \quad (1.6)$$

$$\gamma(0) = \gamma(1), \quad \dot{\gamma}(0) = \dot{\gamma}(1), \quad \gamma_1(t) > 0 \quad \forall t \in [0, 1]. \quad (1.7)$$

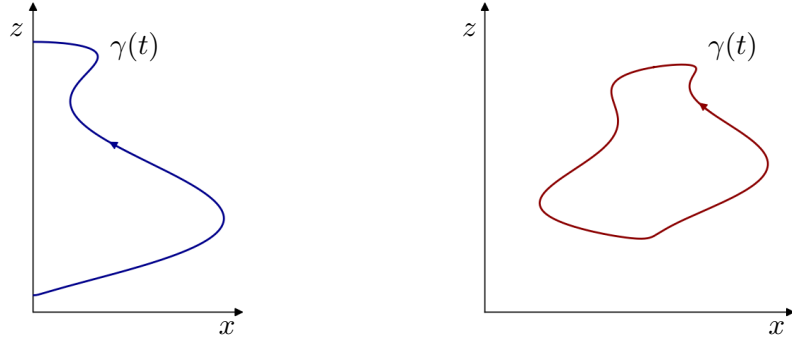


Figure 1: Generating curves in (G0) (left) and (G1) (right).

Let γ be a curve as in (G0) or (G1). By rotating γ around the z -axis we obtain the surface Σ parametrized by:

$$r(t, \theta) = [\gamma_1(t) \cos \theta, \gamma_1(t) \sin \theta, \gamma_2(t)], \quad (t, \theta) \in [0, 1] \times [0, 2\pi]. \quad (1.8)$$

If a surface Σ admits the parametrization (1.8), we say that Σ is *generated by* γ .

A standard computation (see Section 2.2 below), shows that *if* a curve γ generates a smooth surface Σ , the 2-dimensional surface area, the enclosed volume, and the principal

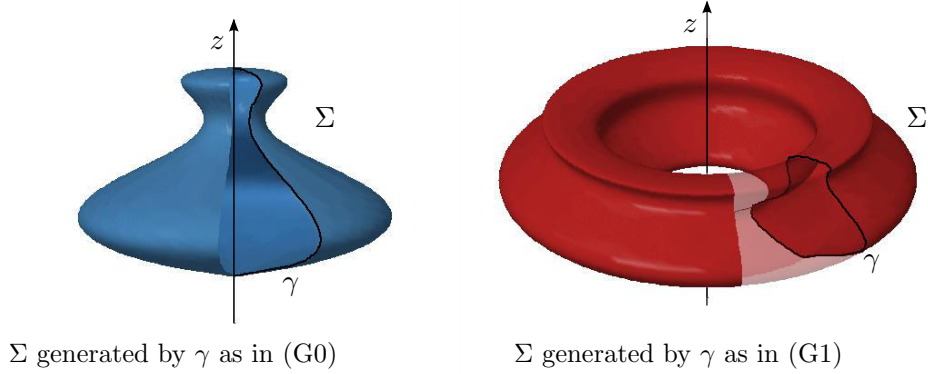


Figure 2: Generated surfaces.

curvatures of the generated surface are given by

$$|\Sigma| = 2\pi \int_0^1 \gamma_1 |\dot{\gamma}| dt, \quad \text{Vol}(\Sigma) = \pi \int_0^1 \gamma_1^2 \dot{\gamma}_2 dt, \quad (1.9)$$

$$k_1 = \frac{(\ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2)}{|\dot{\gamma}|^3}, \quad k_2 = \frac{\dot{\gamma}_2}{\gamma_1 |\dot{\gamma}|}. \quad (1.10)$$

Since $H = k_1 + k_2$ and $K = k_1 k_2$, the Helfrich energy can then be written as

$$\begin{aligned} \mathcal{H}(\Sigma) &= \int_{\Sigma} \left\{ \frac{\kappa_H}{2} (H - H_0)^2 + \kappa_G K \right\} dA \\ &= \int_0^1 \left\{ \frac{\kappa_H}{2} (k_1 + k_2 - H_0)^2 + \kappa_G k_1 k_2 \right\} 2\pi \gamma_1 |\dot{\gamma}| dt. \end{aligned} \quad (1.11)$$

If the surface generated by γ in (G0) or (G1) is not smooth, as is the case of Figure 3, we *define* the *generalized* 2-dimensional surface area, enclosed volume, principal curvatures and Helfrich energy of the generated surface by the quantities in (1.9)-(1.10).

Since the integral of the Gaussian term of the energy is constant for a surface of fixed genus (see Section 2.1), it is usually disregarded in the analysis of minimizers. Nonetheless, since we are not imposing a fixed genus, nor a fixed number of components, we cannot drop this term. Furthermore, we note that the Gaussian term is expected to play an important role in the case of multiphase membranes [3, page 1068].

The main result of this paper is the following.

Theorem 1.1. *Let $A, V > 0$ be given such that*

$$V \leq \frac{A^{3/2}}{6\sqrt{\pi}}. \quad (1.12)$$

Assume that $\kappa_H > 0$, $\kappa_G, H_0 \in \mathbb{R}$ such that $\frac{\kappa_G}{\kappa_H} \in (-2, 0)$. Let $\mathcal{A}(A, V)$ denote the set of finite families $S = (\Sigma_1, \dots, \Sigma_m)$ of axisymmetric surfaces generated by disjoint curves in

(G0) \cup (G1), as in Definition 1.1 and Definition 1.2, and satisfying the generalized area and volume constraints

$$\sum_{i=1}^m |\Sigma_i| = A, \quad \sum_{i=1}^m \text{Vol}(\Sigma_i) = V.$$

Let \mathcal{H} be the Helfrich energy functional defined in (1.1) and let

$$\mathcal{F} : \mathcal{A}(A, V) \rightarrow \mathbb{R} \cup \{+\infty\}, \quad \mathcal{F}(S) := \sum_{i=1}^m \mathcal{H}(\Sigma_i).$$

Then the problem

$$\min \{ \mathcal{F}(S) : S \in \mathcal{A}(A, V) \}$$

has a solution.

Condition (1.12) ensures that the constraints satisfy the isoperimetric inequality, so that the set $\mathcal{A}(A, V)$ is not empty. When (1.12) is an equality, the only element in $\mathcal{A}(A, V)$ is the sphere of area A , if it is a strict inequality, $\mathcal{A}(A, V)$ contains an infinite number of elements.

The range of the parameters κ_H and κ_G specified in the assumptions of Theorem 1.1 is the mathematical range for which \mathcal{H} is positive definite on the principal curvatures, or in other words, for which $\mathcal{H}(\Sigma)$ controls the full squared norm of the second fundamental form of Σ , which is absolutely crucial for any kind of analysis. On the other hand, the physical range in which these parameters are typically found is contained in the one we assume, see e.g. [28] and [3] (note that the latter cites the former, but inverting numerator and denominator, by mistake).

Note that the functional \mathcal{F} does not depend on the reciprocal position of the components Σ_i . Therefore, by translation along the vertical axis, we can transform a system with self intersections into one with the same energy and without crossings, thus avoiding unphysical situations.

1.2 Discussion

Remark 1.1. On the index $I(\gamma, p)$ of a curve. Even if a curve has a smooth parametrization, it can generate a surface of revolution with singularities, which cannot represent any physical lipid bilayer (Figure 3). A way to restrict to physical surfaces is to prescribe the index of the system of generating curves.

If γ is a closed curve, $p \in \mathbb{R}^2 \setminus (\gamma)$, let $I(\gamma, p)$ be the index of γ with respect to p [10, Chapter II, Section 1.8]. If γ is not closed, $\gamma_1(0) = \gamma_1(1) = 0$ and $\gamma_1 \geq 0$, we can extend it symmetrically with respect to the z -axis in order to define its index. For a system of surfaces $S = (\Sigma_1, \dots, \Sigma_m)$, generated by $(\gamma_1, \dots, \gamma_m)$, and $p \in \mathbb{R}^2 \setminus \cup_{i=1}^m (\gamma_i)$ define $I(S, p) := \sum_{i=1}^m I(\gamma_i, p)$. Note that if $E \subset \mathbb{R}^2$ is a smooth connected bounded open set and γ is counterclockwise parametrization of ∂E , then $E = \{p \in \mathbb{R}^2 : I(\gamma, p) = 1\}$ and $\mathbb{R}^2 \setminus \overline{E} = \{p \in \mathbb{R}^2 : I(\gamma, p) = 0\}$. More in general, points with index 1 represent the internal volume of a vesicle also for surfaces generated by curves which are not the

parametrization of a boundary (as in Figure 3-left). In order to eliminate situations like Figure 3-right, we can look for minimizers in the class of systems of surfaces $S \in \mathcal{A}(A, V)$ such that, additionally,

$$I(S, p) \in \{0, 1\} \text{ for a.e. } p \in \mathbb{R}^2. \quad (1.13)$$

The advantage in using the index as a condition, is its continuity with respect to uniform convergence of the curves, and thus its compatibility with the convergence induced by the bound $\mathcal{F}(S^n) \leq \Lambda$ (see Section 1.3 below and Definition 3.6), so that the proof of Theorem 1.1 can be directly used to prove existence of minimizers in $\mathcal{A}(A, V)$ satisfying (1.13). On the other hand, by removing the condition on the index, in most cases the minimizer would actually be found in non-embedded surfaces [23].

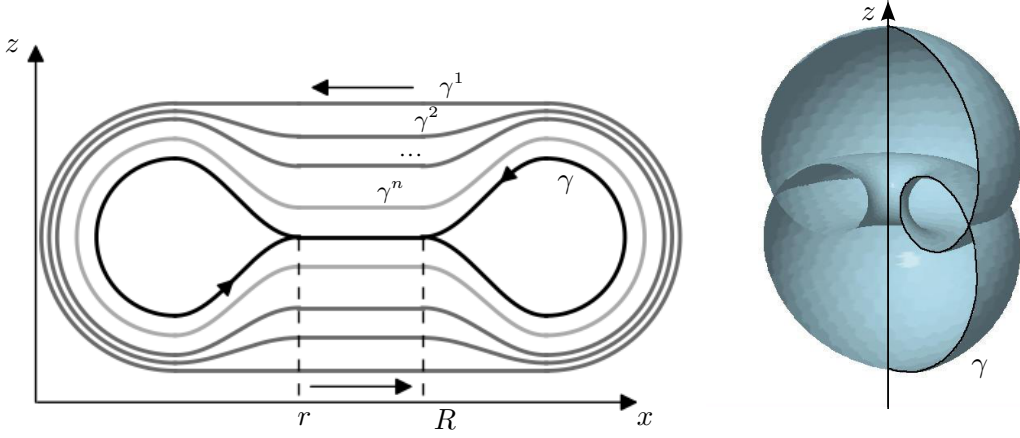


Figure 3: smooth parametrizations of self-intersecting curves.

On the lack of $W^{2,2}$ -regularity. In Corollary 2.6 we prove that any curve that generates a surface with bounded Helfrich energy is $W^{2,2}$ -regular on any stretch at positive distance from the z -axis. Since the area element vanishes on the z -axis, the second derivative of a curve in (G0) need not be square-integrable near the intersection with the z -axis, and therefore we cannot expect to control the L^2 -norm of $\ddot{\gamma}$. Loosely speaking, the reason why the regularity of a surface Σ does not imply the same regularity for the generating curve is simply the fact that a function (e.g., $|x|^{-1}$) can be integrable in a neighborhood of the origin in \mathbb{R}^2 , but not in \mathbb{R} . For example, let $0 < \delta < 1$ and consider the curve defined by

$$\gamma_1(t) := \frac{2}{3} \left(1 - (1-t)^{3/2} \right), \quad \gamma_2(t) := \frac{2}{3} t^{3/2} \quad t \in [0, \delta].$$

Clearly, $\dot{\gamma} \in C^0([0, \delta]; \mathbb{R}^2)$, $|\dot{\gamma}| \equiv 1$, $\ddot{\gamma}_2 \notin L^2((0, \delta); \mathbb{R}^2)$, and a quick computation shows that $k_1^2 \gamma_1 \sim 1/4$, $k_2^2 \gamma_1 \sim 1$, as $t \rightarrow 0^+$. Therefore, k_1, k_2 are square-integrable with respect to the area measure, on $(0, \delta)$.

On the generalized area and varifolds. Returning to the example in Figure 3-left, we note that there could be two ways to describe the area of the middle annulus of the

revolution surface generated by this curve. If we see it as a single layer of membrane, it should simply measure $4\pi(R^2 - r^2)$. On the other hand, if we obtained this curve as a limit of a sequence of simple curves, where the vertical distance between the layers of the membrane collapsed to zero in the stretch between r and R , it should be seen as a double layer, and measure $8\pi(R^2 - r^2)$. Since we are imposing a constraint on the total area of the membrane, and the objects we wish to describe are *closed* vesicles, the second interpretation, in which the horizontal stretch represents two overlapping layers, should be preferred. This is a drawback of modeling a three-dimensional object (i.e. a membrane with positive thickness) as a two-dimensional one: the only way we have to represent adjacent layers is to allow them to overlap, even though overlapping is not a physical possibility for the original three-dimensional membranes.

Using parametrized curves to model membranes goes naturally in this second direction. The generalized area defined in (1.9), in fact, following the parametrization, counts the multiplicity of every self-intersection. In this respect, we obtain the same result as if we described the curves with varifolds. Without going into details (which can be found in [17]), we may think of the weight-measure of an integral varifold V associated to a 2-rectifiable set $\Sigma \subset \mathbb{R}^3$ as $\mu := \theta \mathcal{H}^2 \llcorner \Sigma$, where \mathcal{H}^2 is the two-dimensional Hausdorff measure, and θ is a measurable \mathbb{N} -valued function, which represents the *density* of V . For example, if the surface Σ generated by γ as in Figure 3-left is obtained as limit of smooth surfaces Σ^n , we would have $\theta^n \equiv 1$, $\theta^n \mathcal{H}^2 \llcorner \Sigma^n \rightharpoonup \theta \mathcal{H}^2 \llcorner \Sigma$, in the sense of measures, $\theta(x) = 1$ for $|x| \leq r$ and $|x| > R$, and $\theta(x) = 2$ for $r < |x| < R$, counting the horizontal stretch twice, exactly as definition (1.9) does with curves.

1.3 Plan of the paper and structure of the proof

In Section 2.1 we recall the main relations between mean curvature, Gaussian curvature and Euler characteristic, and we show that Helfrich's energy controls the L^2 -norm of the principal curvatures, with respect to the area measure. In Section 2.2 we derive the main geometrical quantities for surfaces of revolution. In the following subsections we study which properties of a general generating curve can be obtained from the L^2 bound on the principal curvatures, we estimate the length of the curves (Section 2.3), we control the regularity of the tangents on the z -axis (Section 2.4), and the total variation of $\dot{\gamma}_1$ (Section 2.5).

The proof of Theorem 1.1 is given in Section 3, following the direct method of calculus of variations. The standard procedure consists in showing that sublevel sets of the functional \mathcal{F} are compact, so that from a minimizing sequence S^n it is possible to extract a converging subsequence $S^{n_k} \rightarrow S$, and then proving that \mathcal{F} is lower-semicontinuous, so that S is a global minimum for \mathcal{F} .

The crucial ingredients, which are not prescribed by the general direct method and have to be chosen for each specific problem, are the set of minimizers, which we discuss at the beginning of Section 3, and the topology with respect to which compactness and lower-semicontinuity must be verified. Regarding the topology, it is natural to expect (or request) at least strong $W^{1,1}$ convergence for the generating curves, in order to preserve the surface area in the limit. Moreover, it is straightforward to show that the second

fundamental form of Σ^n is uniformly bounded in L^2 , but *only with respect to the surface area measure*. Hence the necessity to study simultaneously convergence of the curvatures (expressed via $\gamma^n, \dot{\gamma}^n, \ddot{\gamma}^n$) and of the area measure μ_{γ^n} . A suitable tool for this purpose is provided by the *measure-function pairs* introduced in [17]. The main definitions and theorems regarding measure-function pairs are recalled in Section 3.1. The main body of the proof consists then in the lower-semicontinuity result (Proposition 3.3) and in the compactness result (Proposition 3.7). Continuity of the constraints follows from the choice of the topology, and it is described in Section 3.2. All these steps are summarized in Section 3.5, where the complete proof of Theorem 1.1 is given.

2 Preliminaries and geometrical inequalities

2.1 Gauss-Bonnet theorem and positive definiteness of \mathcal{H}

Let $\chi(\Sigma)$ be the Euler-Poincaré characteristic of a compact surface Σ , see, e.g., [12, Proposition 3, Section 4-5]. Recall that every compact connected surface is homeomorphic to a sphere with a certain number g of handles, and the number $g = \frac{2-\chi(\Sigma)}{2}$ is called the *genus* of Σ . The Gauss-Bonnet Theorem states that if Σ has no boundary, then

$$\int_{\Sigma} K dA = 2\pi\chi(\Sigma).$$

Since we are dealing with surfaces of revolution, we are interested only in two cases:

- curves in (G0) (Figure 2-left), which generate surfaces homeomorphic to a sphere, hence $g = 0$, $\chi(\Sigma) = 2$, and $\int K dA = 4\pi$, and
- curves in (G1) (Figure 2-right), which generate surfaces homeomorphic to a torus, hence $g = 1$, $\chi(\Sigma) = 0$, and $\int K dA = 0$.

The next Lemma contains the fundamental coercivity estimate for Helfrich's functional. It can be considered a standard observation (see e.g. [8]), but we report the proof for completeness.

Lemma 2.1. *Let Σ be generated by $\gamma \in (G0) \cup (G1)$, and let $\kappa_H > 0$, $\kappa_G, H_0 \in \mathbb{R}$ such that $\frac{\kappa_G}{\kappa_H} \in (-2, 0)$. Then there exists $C > 0$ such that*

$$\int_{\Sigma} (\kappa_1^2 + \kappa_2^2) dA \leq C(|\Sigma| + \mathcal{H}(\Sigma)). \quad (2.1)$$

Proof. Let $\lambda \in \mathbb{R}$, note that

$$\frac{1}{2}(k_1 + k_2)^2 + \lambda k_1 k_2 = \frac{1}{2}(k_1^2 + k_2^2) + (1 + \lambda)k_1 k_2 \geq \frac{1 - |1 + \lambda|}{2}(k_1^2 + k_2^2),$$

and the coefficient in front of the last term is positive if and only if $\lambda \in (-2, 0)$. For all $\varepsilon > 0$ it holds

$$\frac{H^2}{2} = \frac{(H - H_0 + H_0)^2}{2} \leq \frac{1 + \varepsilon}{2}(H - H_0)^2 + \frac{1 + \varepsilon}{2\varepsilon}H_0^2,$$

and thus

$$\frac{1+\varepsilon}{2}(H-H_0)^2 + \frac{1+\varepsilon}{2\varepsilon}H_0^2 + \lambda(1+\varepsilon)K \geq \frac{1-|1+\lambda(1+\varepsilon)|}{2}(k_1^2 + k_2^2).$$

Choosing $\kappa_H > 0$, $\lambda = \kappa_G/\kappa_H \in (-2, 0)$ and $\varepsilon > 0$ such that $(1+\varepsilon)\kappa_G/\kappa_H \in (-2, 0)$, we get

$$\frac{\kappa_H}{2}(H-H_0)^2 + \kappa_G K + c_1 H_0^2 \geq c_2(k_1^2 + k_2^2),$$

where $c_1 = \kappa_H/2\varepsilon$ and $c_2 = \frac{\kappa_H - |\kappa_H + \kappa_G(1+\varepsilon)|}{2(1+\varepsilon)} > 0$. Integrating on Σ we obtain the thesis. \square

We note that since we restrict to surfaces of revolution, we could extend the range of parameters to $\kappa_H/\kappa_G > -2$. Indeed, if $\lambda = \kappa_G/\kappa_H \geq 0$, by Gauss-Bonnet theorem

$$\begin{aligned} \int_{\Sigma} \frac{1}{2}(k_1 + k_2)^2 + \lambda k_1 k_2 dA &= \int_{\Sigma} \frac{1}{2}(k_1^2 + k_2^2) + (1+\lambda)k_1 k_2 dA \\ &\geq \frac{1}{2} \int_{\Sigma} k_1^2 + k_2^2 dA + 2\pi\chi(\Sigma). \end{aligned}$$

For a family of surfaces $S = (\Sigma_1, \dots, \Sigma_n)$, we can then find a constant $C > 0$ such that

$$\sum_{i=1}^n \left(\int_{\Sigma_i} (\kappa_{1,i}^2 + \kappa_{2,i}^2) dA + \#\{\Sigma_i \in S : g(\Sigma_i) = 0\} \right) \leq C(|\Sigma| + \mathcal{H}(\Sigma)).$$

Since in physical applications the parameters are as in the assumptions of Lemma 2.1 (see, e.g., [3], [28]), we will not use this estimate on the cardinality of the system, and rely only on (2.1).

2.2 Surfaces of revolution

From this Section onwards, we restrict to surfaces of revolution. We start by deriving the geometrical quantities involved in the study of Helfrich's functional.

These computations can be found also, e.g., in [12, Section 3-3, Example 4] (with opposite orientation). With the parametrization

$$r(t, \theta) = [\gamma_1(t) \cos \theta, \gamma_1(t) \sin \theta, \gamma_2(t)], \quad (t, \theta) \in [0, 1] \times [0, 2\pi],$$

we compute the tangent vectors

$$\begin{aligned} r_t &:= \frac{\partial}{\partial t} r(t, \theta) = [\dot{\gamma}_1(t) \cos \theta, \dot{\gamma}_1(t) \sin \theta, \dot{\gamma}_2(t)], \\ r_{\theta} &:= \frac{\partial}{\partial \theta} r(t, \theta) = [-\gamma_1(t) \sin \theta, \gamma_1(t) \cos \theta, 0]. \end{aligned}$$

Note: $r_t \cdot r_{\theta} = 0$, i.e., the tangents are always orthogonal. The first fundamental form is given by

$$g(t, \theta) = \begin{bmatrix} E & F \\ F & G \end{bmatrix} = \begin{bmatrix} r_t \cdot r_t & r_t \cdot r_{\theta} \\ r_{\theta} \cdot r_t & r_{\theta} \cdot r_{\theta} \end{bmatrix} = \begin{bmatrix} |\dot{\gamma}(t)|^2 & 0 \\ 0 & \gamma_1(t)^2 \end{bmatrix},$$

$$\sqrt{g} := \sqrt{\det(g_{ij})} = \gamma_1(t)|\dot{\gamma}(t)|.$$

Note that the first fundamental form does not depend on the longitude parameter θ . The normal vector can be oriented inwards or outwards, depending on the direction of γ .

$$\begin{aligned} n(t, \theta) &= \frac{r_t \times r_\theta}{\sqrt{g}} = \frac{1}{\gamma_1(t)|\dot{\gamma}(t)|} [-\gamma_1(t)\dot{\gamma}_2(t) \cos \theta, -\gamma_1(t)\dot{\gamma}_2(t) \sin \theta, \gamma_1(t)\dot{\gamma}_1(t)] \\ &= \frac{1}{|\dot{\gamma}(t)|} [-\dot{\gamma}_2(t) \cos \theta, -\dot{\gamma}_2(t) \sin \theta, \dot{\gamma}_1(t)]. \end{aligned}$$

For the computation of the second fundamental form we make use of a constant-speed parametrization

$$\begin{aligned} n_t &:= \frac{\partial}{\partial t} n(t, \theta) = \frac{1}{|\dot{\gamma}(t)|} [-\ddot{\gamma}_2(t) \cos \theta, -\ddot{\gamma}_2(t) \sin \theta, \ddot{\gamma}_1(t)] \\ n_\theta &:= \frac{\partial}{\partial \theta} n(t, \theta) = \frac{1}{|\dot{\gamma}(t)|} [\dot{\gamma}_2(t) \sin \theta, -\dot{\gamma}_2(t) \cos \theta, 0] \\ II(t, \theta) &= \begin{bmatrix} L & M \\ M & N \end{bmatrix} = - \begin{bmatrix} n_t \cdot r_t & n_t \cdot r_\theta \\ n_\theta \cdot r_t & n_\theta \cdot r_\theta \end{bmatrix} = \frac{1}{|\dot{\gamma}|} \begin{bmatrix} \ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2 & 0 \\ 0 & \gamma_1 \dot{\gamma}_2 \end{bmatrix}. \end{aligned}$$

We can then express the Gaussian curvature

$$K = k_1 k_2 = \frac{LN - M^2}{EG - F^2} = \frac{(\gamma_1 \dot{\gamma}_2)(\ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2)}{(\gamma_1)^2 |\dot{\gamma}|},$$

(twice) the mean curvature

$$H = k_1 + k_2 = \frac{LG - 2MF + NE}{EG - F^2} = \frac{\gamma_1^2 (\ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2) + \gamma_1 \dot{\gamma}_2 |\dot{\gamma}|^2}{(\gamma_1)^2 |\dot{\gamma}|^3},$$

and the principal curvatures

$$k_1 = \frac{\ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2}{|\dot{\gamma}|^3} \quad (\text{meridian}), \quad k_2 = \frac{\dot{\gamma}_2}{\gamma_1 |\dot{\gamma}|} \quad (\text{parallel}).$$

Note that k_1 is just the curvature of γ , with the sign depending on the orientation. Let $\mathcal{L}^1 \llcorner_{[0,1]}$ be the one-dimensional Lebesgue measure restricted to the closed interval $[0, 1]$, define the Radon Measure

$$\mu_\gamma := 2\pi \gamma_1 |\dot{\gamma}| \mathcal{L}^1 \llcorner_{[0,1]}. \quad (2.2)$$

The area of the generated surface is given by

$$|\Sigma| = \int_\Sigma dA = \int_0^{2\pi} \int_0^1 \sqrt{g(t)} dt ds = 2\pi \int_0^1 \gamma_1(t) |\dot{\gamma}(t)| dt = \int_0^1 d\mu_\gamma, \quad (2.3)$$

and the enclosed volume by

$$\text{Vol}(\Sigma) = \pi \int_0^1 \gamma_1(t)^2 \dot{\gamma}_2(t) dt.$$

Owing to (2.1),

$$C(\mathcal{H}(\Sigma) + |\Sigma|) \geq \int_{\Sigma} k_1^2 + k_2^2 dA = 2\pi \int_0^1 \left(\frac{|\ddot{\gamma}|^2}{|\dot{\gamma}|^6} + \frac{\dot{\gamma}_2^2}{\gamma_1^2 |\dot{\gamma}|^2} \right) \gamma_1 |\dot{\gamma}| dt.$$

Since \mathcal{H} and the total area are invariant under reparametrizations of γ , we can write the last inequality in the case of arclength parametrization, obtaining the crucial estimate

$$C(\mathcal{H}(\Sigma) + |\Sigma|) \geq \int_0^{\ell(\gamma)} \left(|\ddot{\gamma}|^2 \gamma_1 + \frac{\dot{\gamma}_2^2}{\gamma_1} \right) dt.$$

2.3 A bound on the length

In this subsection we derive a uniform bound on the length of the generating curves.

Lemma 2.2. *Let γ be curve generating a revolution surface Σ as in (G0) or (G1). Then*

$$\frac{|\Sigma|}{2\pi \operatorname{diam}(\Sigma)} \leq \ell(\gamma) \leq \frac{\sqrt{|\Sigma|}}{2\pi} \left\{ \left(\int_{\Sigma} k_1^2 dA \right)^{1/2} + \left(\int_{\Sigma} k_2^2 dA \right)^{1/2} \right\}.$$

Proof. In order to obtain the left inequality, we compute

$$|\Sigma| = 2\pi \int_0^1 \gamma_1(t) |\dot{\gamma}(t)| dt \leq 2\pi \ell(\gamma) \max_{t \in [0,1]} |\gamma_1(t)| \leq 2\pi \ell(\gamma) \operatorname{diam}(\Sigma).$$

Regarding the right inequality, it is not restrictive to assume that γ is parametrized by arclength, on the interval $[0, L]$, where $L := \ell(\gamma)$, so that

$$|\dot{\gamma}| \equiv 1, \tag{2.4}$$

$$|k_1| = \frac{|\ddot{\gamma} \times \dot{\gamma}|}{|\dot{\gamma}|^3} = |\ddot{\gamma}|. \tag{2.5}$$

We compute

$$L = \int_0^L 1 dt = \int_0^L |\dot{\gamma}(t)|^2 dt = \int_0^L \dot{\gamma}_1(t) \dot{\gamma}_1(t) + \dot{\gamma}_2(t) \dot{\gamma}_2(t) dt. \tag{2.6}$$

By either (G0) or (G1) above, $\dot{\gamma}_1 \gamma_1(L) = \dot{\gamma}_1 \gamma_1(0)$, and $\gamma_1(t) > 0$ for all $t \in (0, L)$, so the first term of the right-hand side of (2.6) becomes

$$\begin{aligned} \int_0^L \dot{\gamma}_1(t) \dot{\gamma}_1(t) dt &= - \int_0^L \gamma_1(t) \ddot{\gamma}_1(t) dt + \left[\gamma_1(t) \dot{\gamma}_1(t) \right]_{t=0}^{t=L} \\ &= \int_0^L \gamma_1(t) \ddot{\gamma}_1(t) dt \\ &= \int_0^L \sqrt{\gamma_1(t)} \left(\sqrt{\gamma_1(t)} \ddot{\gamma}_1(t) \right) dt \\ &\leq \left(\int_0^L \gamma_1(t) dt \right)^{1/2} \left(\int_0^L \gamma_1(t) \ddot{\gamma}_1^2(t) dt \right)^{1/2} \end{aligned}$$

$$\begin{aligned}
&\stackrel{(2.3)}{=} \left(\frac{|\Sigma|}{2\pi} \right)^{1/2} \left(\frac{1}{2\pi} \int_0^L |\ddot{\gamma}(t)|^2 2\pi\gamma_1(t) dt \right)^{1/2} \\
&\stackrel{(2.5)}{=} \frac{\sqrt{|\Sigma|}}{2\pi} \left(\int_{\Sigma} k_1^2 dA \right)^{1/2}.
\end{aligned}$$

On the other hand, the last term of (2.6) gives

$$\begin{aligned}
\int_0^L \dot{\gamma}_2(t) \dot{\gamma}_2(t) dt &\leq \max_{t \in [0, L]} |\dot{\gamma}_2(t)| \int_0^L |\dot{\gamma}_2(t)| dt \\
&\leq |\dot{\gamma}| \int_0^L \sqrt{\gamma_1(t)} \frac{|\dot{\gamma}_2(t)|}{\sqrt{\gamma_1(t)}} dt \\
&\stackrel{(2.4)}{\leq} \left(\int_0^L \gamma_1(t) dt \right)^{1/2} \left(\int_0^L \frac{\dot{\gamma}_2^2(t)}{\gamma_1(t)} dt \right)^{1/2} \\
&= \frac{1}{2\pi} \left(|\Sigma| \int_{\Sigma} k_2^2 dA \right)^{1/2}.
\end{aligned}$$

□

Noting that

$$\begin{aligned}
2\sqrt{|\Sigma|} \left\{ \left(\int_{\Sigma} k_1^2 \right)^{1/2} + \left(\int_{\Sigma} k_2^2 \right)^{1/2} \right\} &\leq |\Sigma| + \left\{ \left(\int_{\Sigma} k_1^2 \right)^{1/2} + \left(\int_{\Sigma} k_2^2 \right)^{1/2} \right\}^2 \\
&\leq |\Sigma| + 2 \int_{\Sigma} k_1^2 + k_2^2
\end{aligned}$$

we get the following bound for a system of curves.

Corollary 2.3. *Let γ_i , $i = 1, \dots, m$ be a finite family of curves in (G0) or (G1) generating the revolution surface Σ_i . Then*

$$2\pi \sum_{i=1}^m \ell(\gamma_i) \leq \sum_{i=1}^m \left(\frac{|\Sigma_i|}{2} + \int_{\Sigma_i} k_{1,i}^2 + k_{2,i}^2 dA_i \right). \quad (2.7)$$

2.4 Regularity of generators

Definition 2.3. We say that $\gamma : [0, 1] \rightarrow \mathbb{R}^3$ is a *generalized generator* if γ is Lipschitz-continuous, $|\dot{\gamma}(t)| \equiv \ell(\gamma)$ and $\gamma_1(t) > 0$ for almost every $t \in (0, 1)$, $\ddot{\gamma} \in L_{\text{loc}}^1(\{\gamma_1 > 0\}; \mathbb{R}^2)$ and

$$\int_0^1 k_1^2 + k_2^2 d\mu_{\gamma} < C. \quad (2.8)$$

In particular, (2.8) implies that $\gamma \in L^2(\mu_{\gamma}; \mathbb{R}^2)$.

Lemma 2.4 (Internal regularity). *Let γ be as in Definition 2.3. For every subinterval $[a, b] \subset [0, 1] \cap \{\gamma_1 > 0\}$*

$$\gamma \in W^{2,2}((a, b); \mathbb{R}^2), \quad \text{and } \dot{\gamma} \text{ has a unique extension to } C^0([a, b]; \mathbb{R}^2).$$

Proof. It holds

$$\int_a^b k_1^2 d\mu_\gamma = \int_a^b \frac{|\ddot{\gamma}|^2}{|\dot{\gamma}|^4} 2\pi |\dot{\gamma}| \gamma_1 dt \geq \frac{2\pi}{\ell(\gamma)^3} \min_{s \in [a,b]} \{\gamma_1(s)\} \int_a^b |\ddot{\gamma}|^2 dt. \quad (2.9)$$

Thus, $\ddot{\gamma} \in L^2((a,b); \mathbb{R}^2)$ and $\gamma \in W^{2,2}((a,b); \mathbb{R}^2)$. By standard Sobolev inclusions, $\dot{\gamma} \in W^{1,2}((a,b); \mathbb{R}^2) \hookrightarrow C^0((a,b); \mathbb{R}^2)$, and there is a unique function which extends $\dot{\gamma}$ to $C^0([a,b]; \mathbb{R}^2)$. We denote this extension by $\dot{\gamma}$. \square

In particular, if $\gamma \in (G1)$, then $\gamma \in W^{2,2}((0,1); \mathbb{R}^2)$ and $\dot{\gamma}$ has a unique extension to $C^0([0,1]; \mathbb{R}^2)$.

Lemma 2.5 (Tangents on the z -axis). *Let γ be as in Definition 2.3. Let $a, b \in [0,1]$ be such that $\gamma_1(a) = \gamma_1(b) = 0$, $\gamma_1(t) > 0$ for all $t \in (a,b)$. Then, the limits of $\dot{\gamma}_2(t)$ as $t \rightarrow a^+$ and $t \rightarrow b^-$ exist, and*

$$\lim_{t \rightarrow a^+} \dot{\gamma}_2(t) = \lim_{t \rightarrow b^-} \dot{\gamma}_2(t) = 0.$$

Moreover, either

$$\lim_{t \rightarrow a^+} \dot{\gamma}_1(t) = \ell(\gamma), \quad \lim_{t \rightarrow b^-} \dot{\gamma}_1(t) = -\ell(\gamma),$$

or

$$\lim_{t \rightarrow a^+} \dot{\gamma}_1(t) = -\ell(\gamma), \quad \lim_{t \rightarrow b^-} \dot{\gamma}_1(t) = \ell(\gamma).$$

Proof. It is not restrictive to assume $|\dot{\gamma}| \equiv 1$ as before. For any $(s,r) \in (a,b)$

$$\begin{aligned} |\dot{\gamma}_2^2(r) - \dot{\gamma}_2^2(s)| &= \left| \int_s^r 2\dot{\gamma}_2 \ddot{\gamma}_2 d\sigma \right| = 2 \left| \int_s^r \frac{\dot{\gamma}_2}{\sqrt{\gamma_1}} \ddot{\gamma}_2 \sqrt{\gamma_1} d\sigma \right| \\ &\leq \int_s^r \frac{\dot{\gamma}_2^2}{\gamma_1} + |\ddot{\gamma}|^2 \gamma_1 d\sigma \leq \frac{1}{2\pi} \int_s^r k_2^2 + k_1^2 d\mu_\gamma \end{aligned} \quad (2.10)$$

Since $\dot{\gamma}_2^2/\gamma_1$ and $|\ddot{\gamma}|^2 \gamma_1$ belong to $L^1(a,b)$ by (2.8), we can define an absolutely continuous function

$$G(r) := \int_a^r \frac{\dot{\gamma}_2^2}{\gamma_1} + |\ddot{\gamma}|^2 \gamma_1 d\sigma,$$

satisfying

$$\lim_{r \rightarrow a^+} G(r) = 0. \quad (2.11)$$

By (2.10) and (2.11), for every $\varepsilon > 0$ there exists a $\delta > 0$ such that

$$\sup_{r,s \in (a,a+\delta)} |\dot{\gamma}_2^2(r) - \dot{\gamma}_2^2(s)| \leq \varepsilon,$$

thus, the limit of $\dot{\gamma}_2^2(s)$ as $s \rightarrow a^+$ exists. We can now prove that this limit is 0. Recall that $|\dot{\gamma}| = 1$ and $\gamma_1(a) = 0$ by hypothesis, then for all $\varepsilon > 0$ we have

$$\max_{s \in [a,a+\varepsilon]} \gamma_1(s) = \max_{s \in [a,a+\varepsilon]} \int_a^s \dot{\gamma}_1(\sigma) d\sigma \leq \varepsilon |\dot{\gamma}| = \varepsilon,$$

and

$$0 \stackrel{(2.11)}{=} \lim_{\varepsilon \rightarrow 0^+} \int_t^{t+\varepsilon} \frac{\dot{\gamma}_2^2}{\gamma_1} d\sigma \geq \limsup_{\varepsilon \rightarrow 0^+} \frac{1}{\varepsilon} \int_t^{t+\varepsilon} \dot{\gamma}_2^2 d\sigma = \limsup_{\varepsilon \rightarrow 0^+} \int_t^{t+\varepsilon} \dot{\gamma}_2^2 d\sigma.$$

Since the integrand is nonnegative, we conclude that $\lim_{t \rightarrow a^+} \dot{\gamma}_2(t) = 0$. The proof of the corresponding statement for the limit as $t \rightarrow b^-$ is identical. The statement on the limit of $\dot{\gamma}_1$ follows by the assumption $|\dot{\gamma}|^2 = \ell(\gamma)^2 = \dot{\gamma}_1^2 + \dot{\gamma}_2^2$ and by the continuity of $\dot{\gamma}$ in (a, b) obtained in Lemma 2.4. \square

Corollary 2.6 (Regularity). *Under the assumptions of Lemma 2.5*

$$\gamma \in W_{\text{loc}}^{2,2}((a, b); \mathbb{R}^2), \quad \dot{\gamma} \in C^0([a, b]; \mathbb{R}^2), \quad \dot{\gamma}_1 \in W^{1,1}((a, b); \mathbb{R}^2).$$

Proof. Since $\gamma_1 > 0$ in (a, b) , by Lemma 2.4 it holds $\gamma \in W_{\text{loc}}^{2,2}((a, b); \mathbb{R}^2)$. By Lemma 2.5, $\dot{\gamma}$ has a continuous extension to $\in C^0([0, 1])$. \square

2.5 A bound on the oscillations

Lemma 2.7. *Let γ be as in Definition 2.3. Let $(a, b) \subseteq (0, 1)$ be such that $\gamma_1(t) > 0$ for all $t \in (a, b)$, then*

$$|\dot{\gamma}|^2 \int_a^b k_1^2 + k_2^2 d\mu_\gamma \geq 4\pi |\dot{\gamma}_1(b) - \dot{\gamma}_1(a)|. \quad (2.12)$$

Proof. By Lemma 2.4, or Corollary 2.6, we can assume that $\dot{\gamma} \in C^0([a, b]; \mathbb{R}^2)$ and $\gamma \in W_{\text{loc}}^{2,2}((a, b); \mathbb{R}^2)$. We also assume that γ is parametrized by arclength, so that $|\dot{\gamma}|^2 = \dot{\gamma}_1^2 + \dot{\gamma}_2^2 \equiv 1$. On $\{\dot{\gamma}_2 \neq 0\}$ we compute

$$\dot{\gamma}_2^2 = 1 - \dot{\gamma}_1^2, \quad \dot{\gamma}_2 = \sqrt{1 - \dot{\gamma}_1^2}, \quad \ddot{\gamma}_2 = -\frac{\ddot{\gamma}_1}{\sqrt{1 - \dot{\gamma}_1^2}}.$$

Defining

$$\eta(t) := \begin{cases} 1 & \text{if } \dot{\gamma}_2(t) \neq 0 \\ 0 & \text{if } \dot{\gamma}_2(t) = 0, \end{cases}$$

we have

$$\begin{aligned} \frac{1}{2\pi} \int_a^b k_1^2 dA &= \int_a^b |\ddot{\gamma}|^2 \gamma_1 dt = \int_a^b (\ddot{\gamma}_1^2 + \ddot{\gamma}_2^2) \gamma_1 dt \geq \int_a^b \eta \left(\ddot{\gamma}_1^2 + \frac{\ddot{\gamma}_1^2}{1 - \dot{\gamma}_1^2} \right) \gamma_1 dt \\ &= \int_a^b \eta \ddot{\gamma}_1^2 \left(1 + \frac{1}{\dot{\gamma}_2^2} \right) \gamma_1 dt = \int_a^b \eta \ddot{\gamma}_1^2 (1 + \dot{\gamma}_2^2) \frac{\gamma_1}{\dot{\gamma}_2^2} dt \geq \int_a^b \eta \ddot{\gamma}_1^2 \frac{\gamma_1}{\dot{\gamma}_2^2} dt \\ &\geq \inf \left\{ \int_a^b \dot{\phi}^2 \frac{\gamma_1}{\dot{\gamma}_2^2} dt : \phi \in W_{\text{loc}}^{1,2}((a, b); \mathbb{R}^2), \phi(a) = \dot{\gamma}_1(a), \right. \\ &\quad \left. \phi(b) = \dot{\gamma}_1(b), \dot{\phi}^2 \frac{\gamma_1}{\dot{\gamma}_2^2} = 0 \text{ on } \{\dot{\gamma}_2 = 0\} \right\}. \end{aligned} \quad (2.13)$$

Let $\psi := \gamma_1/\dot{\gamma}_2^2$, $x_a := \dot{\gamma}_1(a)$, $x_b := \dot{\gamma}_1(b)$. The unique minimizer of the above problem is the solution of the Euler-Lagrange equation

$$\frac{d}{dt}(\dot{\phi}\psi) = 0, \quad \phi(a) = x_a, \quad \phi(b) = x_b, \quad \dot{\phi}^2 \psi = 0 \text{ on } \{\dot{\gamma}_2 = 0\}.$$

By integration, we compute

$$\dot{\phi} = \frac{C}{\psi}, \quad \phi(t) = C' + C \int_a^t \frac{1}{\psi(t)} dt.$$

Define $J := \int_a^b 1/\psi(t) dt$, imposing the boundary conditions we get

$$C' = x_a, \quad C = \frac{x_b - x_a}{J}, \quad \phi(t) = x_a + \frac{x_b - x_a}{J} \int_a^t \frac{1}{\psi(t)} dt. \quad (2.14)$$

Note that if $\dot{\gamma}_2 \equiv 0$ in (a, b) , then $\dot{\gamma}_1$ is constant in (a, b) , and (2.12) is trivially satisfied. If $\dot{\gamma}_2^2(t) > 0$ in a point t , by continuity it is positive in an open interval containing t , and therefore $J > 0$. Then, ϕ in (2.14) is well-defined and, in particular $\dot{\phi}^2 \psi = 0$ on $\{\dot{\gamma}_2 = 0\}$. The minimum value is then given by

$$\int_a^b \dot{\phi}^2(t) \psi(t) dt = \int_a^b \left(\frac{x_b - x_a}{J \psi(t)} \right)^2 \psi(t) dt = \left(\frac{x_b - x_a}{J} \right)^2 \int_a^b \frac{1}{\psi(t)} dt = \frac{(x_b - x_a)^2}{J}.$$

Since

$$J = \int_a^b \frac{1}{\psi(t)} dt = \int_a^b \frac{\dot{\gamma}_2^2(t)}{\gamma_1(t)} dt = \frac{1}{2\pi} \int_a^b k_2^2 dA,$$

by inserting the minimum value in (2.13) and multiplying by J we obtain

$$\left(\int_a^b k_1^2 dA \right) \left(\int_a^b k_2^2 dA \right) \geq 4\pi^2 |\dot{\gamma}_1(b) - \dot{\gamma}_1(a)|^2.$$

Noting that

$$\left(\int_a^b k_1^2 dA \right) \left(\int_a^b k_2^2 dA \right) \leq \frac{1}{4} \left(\int_a^b k_1^2 dA + \int_a^b k_2^2 dA \right)^2 = \left(\frac{1}{2} \int_a^b k_1^2 + k_2^2 dA \right)^2$$

and taking the square root, we obtain (2.12) in the case $|\dot{\gamma}| = 1$. The case $|\dot{\gamma}| = \ell(\gamma)$ follows simply by rescaling. \square

Remark 2.2. In the case $\gamma_1 \in W^{2,1}(a, b)$, $|\dot{\gamma}| = 1$, $\dot{\gamma}_2 \neq 0$ in (a, b) ,

$$\begin{aligned} \frac{1}{4\pi} \int_a^b k_1^2 + k_2^2 d\mu_\gamma &\geq \frac{1}{2\pi} \int_a^b |k_1 k_2| d\mu_\gamma = \int_a^b |\dot{\gamma}| |\dot{\gamma}_2| dt = \int_a^b |\dot{\gamma}_2| \sqrt{\dot{\gamma}_1^2 + \frac{\dot{\gamma}_1^2}{1 - \dot{\gamma}_1^2}} dt \\ &\geq \int_a^b |\dot{\gamma}_2| |\dot{\gamma}_1| \sqrt{\frac{\dot{\gamma}_2^2 + 1}{\dot{\gamma}_2^2}} dt \geq \int_a^b |\dot{\gamma}_1| dt \geq |\dot{\gamma}_1(b) - \dot{\gamma}_1(a)|. \end{aligned}$$

We will make use of Lemma 2.7, instead of the simpler estimate obtained in this Remark, because it allows for a direct treatment of the set $\{\dot{\gamma}_2 = 0\}$, of the jump points for $\dot{\gamma}_1$, and moreover, inverting the roles of γ_1 and γ_2 , it allows for a second useful estimate (see Step II of the proof of Proposition 3.7).

For $x \in \mathbb{R}$ we denote the integer part of x by $\lfloor x \rfloor$.

Lemma 2.8. *Let γ be as in Definition 2.3. Then, there cannot be more than $\left\lfloor \frac{C|\dot{\gamma}|}{8\pi} \right\rfloor$ intervals (a_j, b_j) such that*

$$\dot{\gamma}_1(a_j) = \pm L, \quad \dot{\gamma}_1(b_j) = \mp L.$$

As a consequence,

$$\#\{\gamma_1 = 0\} \leq \left\lfloor \frac{C|\dot{\gamma}|}{8\pi} \right\rfloor + 1.$$

Proof. Let $L := |\dot{\gamma}|$ and let $(a, b) \subset [0, 1]$ be an interval such that

$$\dot{\gamma}_1(a) = L, \quad \dot{\gamma}_1(b) = -L \quad \text{and} \quad \gamma_1 > 0 \text{ in } (a, b). \quad (2.15)$$

By Corollary 2.6 we have that $\gamma \in W_{\text{loc}}^{2,2}((a, b); \mathbb{R}^2)$, $\dot{\gamma} \in C^0([a, b]; \mathbb{R}^2)$. Since $|\dot{\gamma}_1(b) - \dot{\gamma}_1(a)| = 2L$, by Lemma 2.7

$$L^2 \int_a^b k_1^2 + k_2^2 d\mu_\gamma \geq 4\pi |\dot{\gamma}_1(b) - \dot{\gamma}_1(a)| = 8\pi L.$$

Therefore, there cannot be more than $\left\lfloor \frac{C|\dot{\gamma}|}{8\pi} \right\rfloor$ intervals satisfying (2.15). In particular, by Lemma 2.5, there cannot be more than $\left\lfloor \frac{C|\dot{\gamma}|}{8\pi} \right\rfloor + 1$ points where $\gamma_1 = 0$. \square

The results obtained in this section imply that a generalized generator γ with bounded Helfrich energy is either in (G1), if $\gamma_1 > 0$ and γ is closed, or it can be decomposed into a finite number of curves in (G0). More precisely, we have the following result.

Corollary 2.9. *If γ as in Definition 2.3 generates Σ and satisfies $\gamma_1(0) = \gamma_1(1) = 0$, then there exist $k \in \mathbb{N}$ and curves η_i generating Σ_i and satisfying (1.2)-(1.4) for $i = 1, \dots, k$, such that*

$$|\Sigma| = \sum_{i=1}^k |\Sigma_i|, \quad \text{Vol}(\Sigma) = \sum_{i=1}^k \text{Vol}(\Sigma_i), \quad \mathcal{H}(\Sigma) = \sum_{i=1}^k \mathcal{H}(\Sigma_i). \quad (2.16)$$

Moreover, the generated surfaces Σ_i are C^1 -regular.

Proof. By Lemma 2.8, $\#\{\gamma_1 = 0\} < +\infty$. Therefore, there exist $0 = t_0 < t_1 < \dots < t_{k-1} < t_k = 1$ such that $\{t_i\}_{i=0}^k = \{\gamma_1 = 0\}$. For $i = 1, \dots, k$, let $\ell_i := t_i - t_{i-1}$ and define the curves

$$\eta_i : [0, 1] \rightarrow \mathbb{R}^2, \quad \eta_i(\tau) := \gamma(\ell_i \tau + t_{i-1}).$$

It is immediate to check that η_i satisfies (1.3), (1.4) and (2.16), while (1.2) is ensured by Corollary 2.6. The latter also implies that Σ_i is a C^1 -regular surface. \square

3 Existence of a minimizer

Definition 3.4. [*Systems of generalized surfaces*] We say that a system of surfaces S belongs to the class \mathcal{G} of systems of generalized surfaces if

- there exists $m \in \mathbb{N}$ such that $S = (\Sigma_1, \dots, \Sigma_m)$,
- for each $i = 1, \dots, m$ there is a curve γ_i as in Definition 2.3 which generates Σ_i ,
- $(\gamma_i) \cap (\gamma_j) = \emptyset$ for all $i \neq j$.

Note that the number of components may depend on the choice of parametrization. For example, a system of two spheres \mathbb{S}^2 touching in one point on the z -axis can be parametrized by one generator γ of length $|\dot{\gamma}| = 2\pi$ or by two generators γ_a, γ_b of length $|\dot{\gamma}_a| = |\dot{\gamma}_b| = \pi$. In Section 2.2 we proved that generalized generators γ are piecewise- C^1 and are not differentiable only in a finite number of points on the z -axis. Therefore, the number of components we are interested in is the (minimum) number of C^1 components, that is

$$\#S := \sum_{i=1}^m (\#\{\gamma_{1,i}(t) = 0, t \neq 0, t \neq 1\} + 1).$$

We recall that area, volume, and Helfrich energy of a system $S = (\Sigma_1, \dots, \Sigma_m)$ are simply defined as the sum of the correspondent *generalized* quantities over all the components of the system, i.e.,

$$\begin{aligned} |S| &= \sum_{i=1}^m |\Sigma_i| = \sum_{i=1}^m 2\pi \int_0^1 \gamma_{1,i}(t) |\dot{\gamma}_i(t)| dt, & \mathcal{F}(S) &= \sum_{i=1}^m \mathcal{H}(\Sigma_i), \\ \text{Vol}(S) &= \sum_{i=1}^m \text{Vol}(\Sigma_i) = \sum_{i=1}^m \pi \int_0^1 (\gamma_{1,i}(t))^2 \dot{\gamma}_{2,i}(t) dt. \end{aligned} \quad (3.1)$$

3.1 Convergence of measure-function couples

We turn now to the suitable notion of convergence for such systems. We recall that a sequence of Radon measures μ^n is said to converge weakly-* to $\mu \in RM(\mathbb{R})$ if

$$\lim_{n \rightarrow \infty} \int_{\mathbb{R}} \phi(t) d\mu^n(t) \rightarrow \int_{\mathbb{R}} \phi(t) d\mu(t)$$

for every $\phi \in C_c^0(\mathbb{R})$. We define the space of p -summable functions with respect to a positive Radon measure μ as

$$L^p(\mu; \mathbb{R}^2) := \left\{ f : \mathbb{R} \rightarrow \mathbb{R}^2 \text{ } \mu\text{-measurable, such that } \int_{\mathbb{R}} |f(x)|^p d\mu(x) < +\infty \right\}.$$

Definition 3.5. [*Convergence of measure-function couples*] Following [1, Definition 5.4.3], given a sequence of measures $\mu^n \in RM(\mathbb{R})$ converging weakly-* to μ , we say that a

sequence of (vector) functions $f^n \in L^1(\mu^n; \mathbb{R}^2)$ converges weakly to a function $f \in L^1(\mu; \mathbb{R}^2)$, and we write $f^n \rightharpoonup f$ in $L^1(\mu^n; \mathbb{R}^2)$, provided

$$\lim_{n \rightarrow \infty} \int_{\mathbb{R}} f^n(t) \cdot \phi(t) d\mu^n(t) \rightarrow \int_{\mathbb{R}} f(t) \cdot \phi(t) d\mu(t) \quad (3.2)$$

for every $\phi \in C_c^\infty(\mathbb{R}; \mathbb{R}^2)$. For $p > 1$, we say that a sequence of (vector) functions $f^n \in L^p(\mu^n; \mathbb{R}^2)$ converges *weakly* to a function $f \in L^p(\mu; \mathbb{R}^2)$, and we write $f^n \rightharpoonup f$ in $L^p(\mu^n; \mathbb{R}^2)$, provided

$$\sup_{n \in \mathbb{N}} \int_{\mathbb{R}} |f^n(t)|^p d\mu^n(t) < +\infty \quad \text{and} \quad f^n \rightharpoonup f \text{ in } L^1(\mu^n; \mathbb{R}^2). \quad (3.3)$$

For $p > 1$, we say that a sequence of (vector) functions $f^n \in L^p(\mu^n; \mathbb{R}^2)$ converges *strongly* to a function $f \in L^p(\mu; \mathbb{R}^2)$, and we write $f^n \rightarrow f$ in $L^p(\mu^n; \mathbb{R}^2)$, if (3.3) holds and

$$\limsup_{n \rightarrow \infty} \|f^n\|_{L^p(\mu^n; \mathbb{R}^2)} \leq \|f\|_{L^p(\mu; \mathbb{R}^2)}.$$

Lemma 3.1 (Weak-strong convergence in $L^p(\mu; \mathbb{R}^d)$ [24, Proposition 3.2]). *Let $p, q \in (1, \infty)$ such that $1/p + 1/q = 1$. Suppose that μ^n and μ are Radon measures on \mathbb{R} and that $f^n \in L^p(\mu^n; \mathbb{R}^d)$, $f \in L^p(\mu; \mathbb{R}^d)$, $g^n \in L^q(\mu^n; \mathbb{R}^d)$, $g \in L^q(\mu; \mathbb{R}^d)$ be such that*

$$f^n \rightharpoonup f \quad \text{weakly in } L^p(\mu^n; \mathbb{R}^d), \quad g^n \rightarrow g \quad \text{strongly in } L^q(\mu^n; \mathbb{R}^d).$$

Then

$$f^n g^n \rightharpoonup f g \quad \text{weakly in } L^1(\mu^n; \mathbb{R}^d).$$

Theorem 3.2 (Lower-semicontinuity [1, Theorem 5.4.4 - (ii)]). *Let $p > 1$, let $f^n \in L^p(\mu^n; \mathbb{R}^2)$ be a sequence converging weakly to a function $f \in L^p(\mu; \mathbb{R}^2)$ in the sense of Definition 3.5, then*

$$\liminf_{n \rightarrow \infty} \int_{\mathbb{R}} g(f^n(t)) d\mu^n(t) \geq \int_{\mathbb{R}} g(f(t)) d\mu(t),$$

for every convex and lower-semicontinuous function $g : \mathbb{R} \rightarrow (-\infty, +\infty]$.

Definition 3.6. [Convergence of systems of surfaces] We say that a sequence of systems of surfaces $S^n \in \mathcal{G}$ as in Definition 3.4 converges to a finite system $S \in \mathcal{G}$ if S admits a parametrization $\gamma_1, \dots, \gamma_w$ and there exist $\bar{n} \in \mathbb{N}$ and $\bar{m} \geq w$ such that $\#S^n = \bar{m}$ for all $n \geq \bar{n}$ and such that

(i) for each $i = 1, \dots, w$ the generating curves γ_i^n converge in the following sense

$$\gamma_i^n \rightarrow \gamma_i \quad \text{uniformly in } C^0([0, 1]; \mathbb{R}^2), \quad (3.4)$$

$$\dot{\gamma}_i^n \rightarrow \dot{\gamma}_i \quad \text{strongly in } L^2((0, 1); \mathbb{R}^2), \quad (3.5)$$

$$\ddot{\gamma}_i^n \rightharpoonup \ddot{\gamma}_i \quad \text{weakly in } L^2(\mu_{\gamma^n}; \mathbb{R}^2), \text{ in the sense of (3.3);} \quad (3.6)$$

(ii) for each $i = w+1, \dots, \bar{m}$

$$\gamma_i^n \rightarrow 0 \quad \text{strongly in } W^{1,2}(0, 1; \mathbb{R}^2).$$

Note that (3.4) and (3.5) imply that $\mu_{\gamma^n} \xrightarrow{*} \mu_\gamma$, so that (3.6) is well-defined.

3.2 Compatibility of constraints

With this definition of convergence, the passage to the limit of the area and volume constraints is straightforward. Let $S^n \in \mathcal{A}(A, V)$ be a sequence of systems converging to a system $S = (\Sigma_1, \dots, \Sigma_w) \in \mathcal{G}$ in the sense of Definition 3.6, then

$$\lim_{n \rightarrow \infty} |S^n| = |S|, \quad (3.7)$$

$$\lim_{n \rightarrow \infty} \text{Vol}(S^n) = \text{Vol}(S). \quad (3.8)$$

Indeed, by (3.4) and (3.5), using the fact that the for the last $(\bar{m} - w)$ components $\dot{\gamma}_i^n \rightarrow 0$ strongly in $L^2(0, 1)$,

$$A = \lim_{n \rightarrow \infty} \sum_{i=1}^{\bar{m}} |\Sigma_i^n| = \lim_{n \rightarrow \infty} \sum_{i=1}^{\bar{m}} 2\pi \int_0^1 \gamma_{i,1}^n |\dot{\gamma}_i^n| dt = \sum_{i=1}^w 2\pi \int_0^1 \gamma_{i,1} |\dot{\gamma}_i| dt = \sum_{i=1}^w |\Sigma_i| = |S|.$$

and

$$\begin{aligned} V &= \lim_{n \rightarrow \infty} \sum_{i=1}^{\bar{m}} \text{Vol}(\Sigma_i^n) = \lim_{n \rightarrow \infty} \sum_{i=1}^{\bar{m}} \pi \int_0^1 (\gamma_{i,1}^n)^2 \dot{\gamma}_{i,2}^n dt \\ &= \sum_{i=1}^w \pi \int_0^1 \gamma_{i,1}^2 \dot{\gamma}_{i,2} dt = \sum_{i=1}^w \text{Vol}(\Sigma_i) = \text{Vol}(S). \end{aligned}$$

3.3 Lower-semicontinuity

Proposition 3.3. *Let $S, S^n \in \mathcal{G}$ be a family of systems of surfaces such that $S^n \rightarrow S$ in the sense of Definition 3.6. Then*

$$\liminf_{n \rightarrow \infty} \mathcal{F}(S^n) \geq \mathcal{F}(S).$$

Proof. Let $S = (\Sigma_1, \dots, \Sigma_w)$. First of all, we notice that, according to Definition 3.6, since $\mathcal{F} \geq 0$, for all n big enough

$$\mathcal{F}(S^n) = \sum_{i=1}^w \mathcal{F}(\Sigma_i^n) + \sum_{i=w+1}^{\bar{m}} \mathcal{F}(\Sigma_i^n) \geq \sum_{i=1}^w \mathcal{F}(\Sigma_i^n).$$

Therefore, it is enough to show that

$$\liminf_{n \rightarrow \infty} \mathcal{F}(\tilde{S}^n) \geq \mathcal{F}(S)$$

for $\tilde{S}^n = (\Sigma_1^n, \dots, \Sigma_w^n)$. This is reasonable, since by Definition 3.6-(ii) the i -th component, for $i > w$, vanishes as measure.

Let then $i \in \{1, \dots, w\}$ be fixed, we write $\gamma^n = \gamma_i^n$ for the generating curve and $\Sigma^n = \Sigma_i^n$ for the generated revolution surface. Define the family of measures

$$\mu_{\gamma^n} := 2\pi \gamma_1^n |\dot{\gamma}^n| \mathcal{L}^1|_{[0,1]} \in RM(\mathbb{R}).$$

By (3.4) and (3.5)

$$\mu_{\gamma^n} \xrightarrow{*} \mu := 2\pi \gamma_1 |\dot{\gamma}| \mathcal{L}^1|_{[0,1]} \quad \text{in } RM(\mathbb{R}). \quad (3.9)$$

Recall that

$$k_1 = \frac{\ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2}{|\dot{\gamma}|^3}, \quad |k_1| = \frac{|\ddot{\gamma}|}{|\dot{\gamma}|^2}, \quad k_2 = \frac{\dot{\gamma}_2}{\gamma_1 |\dot{\gamma}|}$$

(k_1^n and k_2^n are defined analogously) and

$$\mathcal{H}(\Sigma^n) = \int_{\mathbb{R}} \left\{ \frac{\kappa_H}{2} (k_1^n + k_2^n - H_0)^2 + \kappa_G k_1^n k_2^n \right\} d\mu_{\gamma^n}. \quad (3.10)$$

Let Σ^{n_k} be a subsequence realizing the liminf of \mathcal{H} , i.e., such that

$$\lim_{k \rightarrow \infty} \mathcal{H}(\Sigma^{n_k}) = \liminf_{n \rightarrow \infty} \mathcal{H}(\Sigma^n).$$

For sake of notation, we drop the index k from the subsequence in the rest of the proof. All we need to prove is that

$$k_1^n \rightharpoonup k_1 \quad \text{weakly in } L^2(\mu_{\gamma^n}; \mathbb{R}), \quad (3.11)$$

$$k_2^n \rightarrow k_2 \quad \text{strongly in } L^2(\mu_{\gamma^n}; \mathbb{R}), \quad (3.12)$$

in the sense of Definition 3.5. Indeed, if (3.11) and (3.12) hold, by Theorem 3.2 and (3.9)

$$\liminf_{n \rightarrow \infty} \int_{\mathbb{R}} (k_1^n + k_2^n - H_0)^2 d\mu_{\gamma^n} \geq \int_{\mathbb{R}} (k_1 + k_2 - H_0)^2 d\mu$$

and by Lemma 3.1

$$\lim_{n \rightarrow \infty} \int_{\mathbb{R}} k_1^n k_2^n d\mu_{\gamma^n} = \int_{\mathbb{R}} k_1 k_2 d\mu.$$

Therefore, for every component Σ_i^n

$$\liminf_{n \rightarrow \infty} \mathcal{H}(\Sigma_i^n) \geq \mathcal{H}(\Sigma_i), \quad (3.13)$$

and to conclude the proof, it is sufficient to notice that

$$\liminf_{n \rightarrow \infty} \mathcal{F}(\tilde{S}^n) = \liminf_{n \rightarrow \infty} \sum_{i=1}^w \mathcal{H}(\Sigma_i^n) \geq \sum_{i=1}^w \liminf_{n \rightarrow \infty} \mathcal{H}(\Sigma_i^n) \stackrel{(3.13)}{\geq} \sum_{i=1}^w \mathcal{H}(\Sigma_i) = \mathcal{F}(S).$$

Convergences (3.11)-(3.12) are addressed in the next Lemma, which concludes the proof of Proposition 3.3. \square

Lemma 3.4. *Let $\gamma^n : [0, 1] \rightarrow \mathbb{R}^2$ be a sequence of generating curves for admissible surfaces Σ^n , and assume that $\gamma^n \rightarrow \gamma$ as in Proposition 3.7-(i). Then*

$$\begin{aligned} k_1^n &= \frac{\ddot{\gamma}_2^n \dot{\gamma}_1^n - \ddot{\gamma}_1^n \dot{\gamma}_2^n}{|\dot{\gamma}^n|^3} && \text{converges weakly to } k_1 = \frac{\ddot{\gamma}_2 \dot{\gamma}_1 - \ddot{\gamma}_1 \dot{\gamma}_2}{|\dot{\gamma}|^3}, \\ k_2^n &= \frac{\dot{\gamma}_2^n}{\gamma_1^n |\dot{\gamma}^n|} && \text{converges strongly to } k_2 = \frac{\dot{\gamma}_2}{\gamma_1 |\dot{\gamma}|}, \end{aligned}$$

in the sense of Definition 3.2, where k_1 and k_2 are defined μ -a.e.

Proof. Note that, in case (i), we can assume that

$$|\gamma^n| \leq M < \infty, \quad (3.14)$$

$$|\dot{\gamma}^n| \geq L > 0. \quad (3.15)$$

Denote by $R\psi$ the $\pi/2$ rotation of the function $\psi = (\psi_1, \psi_2)$, i.e., $R\psi = (-\psi_2, \psi_1)$. Then, for all $\phi \in C_c^1(\mathbb{R})$

$$\int_{\mathbb{R}} k_1^n \phi d\mu_{\gamma^n} = \int_{\mathbb{R}} \left(\ddot{\gamma}^n \cdot \frac{R\dot{\gamma}^n}{|\dot{\gamma}^n|^3} \right) \phi d\mu_{\gamma^n}.$$

By (3.4) and (3.5)

$$\lim_{n \rightarrow \infty} \int_{\mathbb{R}} \left(\frac{R\dot{\gamma}^n}{|\dot{\gamma}^n|^3} \right)^2 d\mu_{\gamma^n} = \lim_{n \rightarrow \infty} 2\pi \int_{\mathbb{R}} \frac{1}{|\dot{\gamma}^n|^3} \gamma_1^n dt = 2\pi \int_{\mathbb{R}} \frac{1}{|\dot{\gamma}|^3} \gamma_1 dt = \int_{\mathbb{R}} \left(\frac{R\dot{\gamma}}{|\dot{\gamma}|^3} \right)^2 d\mu_{\gamma},$$

therefore, $R\dot{\gamma}^n/|\dot{\gamma}^n|^3$ converges strongly in $L^2(\mu_{\gamma^n}; \mathbb{R}^2)$ to $R\dot{\gamma}/|\dot{\gamma}|^3$, according to Definition 3.5. By (3.6) and Lemma 3.1

$$\begin{aligned} \lim_{n \rightarrow \infty} \int_{\mathbb{R}} k_1^n \phi d\mu_{\gamma^n} &= \lim_{n \rightarrow \infty} \int_{\mathbb{R}} \left(\ddot{\gamma}^n \cdot \frac{R\dot{\gamma}^n}{|\dot{\gamma}^n|^3} \right) \phi d\mu_{\gamma^n} \\ &= \int_{\mathbb{R}} \left(\ddot{\gamma} \cdot \frac{R\dot{\gamma}}{|\dot{\gamma}|^3} \right) \phi d\mu_{\gamma} = \int_{\mathbb{R}} k_1 \phi d\mu_{\gamma}. \end{aligned}$$

Regarding k_2 , let $\phi \in C_c^1(\mathbb{R})$, then

$$\int_{\mathbb{R}} k_2^n(t) \phi(t) d\mu^n(t) = 2\pi \int_0^1 \frac{\dot{\gamma}_2^n(t)}{\gamma_1^n |\dot{\gamma}^n|} \phi(t) \gamma_1^n |\dot{\gamma}^n| dt = 2\pi \int_0^1 \dot{\gamma}_2^n(t) \phi(t) dt,$$

so that, by (3.5),

$$\lim_{n \rightarrow \infty} \int_{\mathbb{R}} k_2^n(t) \phi(t) d\mu^n = 2\pi \int_0^1 \dot{\gamma}_2(t) \phi(t) dt = \int_{\mathbb{R}} k_2(t) \phi(t) d\mu(t). \quad (3.16)$$

By (3.4) and (3.5) we also have that

$$\begin{aligned} \lim_{n \rightarrow \infty} \|k_2^n\|_{L^2(\mu_{\gamma^n}; \mathbb{R}^2)}^2 &= \lim_{n \rightarrow \infty} \int_{\mathbb{R}} (k_2^n(t))^2 d\mu^n = \lim_{n \rightarrow \infty} 2\pi \int_0^1 \frac{(\dot{\gamma}_2^n)^2}{\gamma_1^n} dt \\ &= 2\pi \int_0^1 \frac{(\dot{\gamma}_2)^2}{\gamma_1} dt = \int_{\mathbb{R}} k_2^2 d\mu_{\gamma} = \|k_2\|_{L^2(\mu_{\gamma}; \mathbb{R}^2)}^2. \end{aligned}$$

This concludes the proof of Lemma 3.4 which completes the proof lower-semicontinuity statement. \square

As a direct consequence of Lemma 3.4 and Theorem 3.2 it holds

Corollary 3.5. *Under the assumptions of Proposition 3.3, by Lemma 3.4 and Theorem 3.2*

$$\liminf_{n \rightarrow \infty} \int_{\mathbb{R}} (k_1^n)^2 + (k_2^n)^2 d\mu_{\gamma^n} \geq \int_{\mathbb{R}} (k_1)^2 + (k_2)^2 d\mu_{\gamma}. \quad (3.17)$$

3.4 Compactness

Let $\{S^n\}$ be a family of finite systems generated by curves in (G0) or (G1). Throughout this step, we assume that there exist constants Λ, A such that for all $n \in \mathbb{N}$

$$|S^n| \leq A, \quad \mathcal{F}(S^n) \leq \Lambda. \quad (3.18)$$

Moreover, owing to Lemma 2.2 and (2.1), the diameter of every component of a system satisfying (3.18) is bounded by a constant which depends only on the data of the problem. Consequently, since we are interested only in the shape of the components, and not in their relative position in the space, it is not restrictive to assume that there exists $R > 0$ such that for all $n \in \mathbb{N}$

$$\Sigma^n \subset B_R. \quad (3.19)$$

For short, we say that a finite system S generated by curves in (G0) and (G1) satisfying (3.18) and (3.19) is an *admissible system*. Note that in (3.18) we are not fixing the total area, we are requiring only an upper bound, thus allowing for more flexibility in the proofs. Note also that owing to the isoperimetric inequality no separate bound on the volume is necessary, and owing to the restrictive geometry of revolution surfaces the only possible genus is 0 or 1.

Lemma 3.6. *Let $S = (\Sigma_1, \dots, \Sigma_m)$ be a finite system generated by curves in (G0) or (G1) and satisfying (3.18), then there exists a constant $C = C(H_0, \kappa_H, \kappa_G, A, \Lambda)$ such that $\#S = m \leq C$.*

Proof. If γ is in the class (G0), by Lemma 2.5 we have

$$|\dot{\gamma}_1(1) - \dot{\gamma}_1(0)| = 2\ell(\gamma). \quad (3.20)$$

If γ is in (G1), then $\gamma \in C^1([0, 1])$ by Corollary 2.6, and therefore there must be two points $s, t \in [0, 1]$ such that

$$|\dot{\gamma}_1(s) - \dot{\gamma}_1(t)| = 2\ell(\gamma) \quad (3.21)$$

(e.g, choose $s \in \operatorname{argmin}(\gamma_2)$ and $t \in \operatorname{argmax}(\gamma_2)$: since γ is closed and differentiable, the tangents in these points are horizontal and have opposite orientation). By Lemma 2.2 and (2.7) there is a constant $C_1 > 0$, depending only on the data, such that

$$\sum_{i=1}^m \ell(\gamma_i) \leq C_1. \quad (3.22)$$

By (3.20), (3.21) and Lemma 2.7, for every $i = 1, \dots, m$

$$\begin{aligned} 8\pi\ell(\gamma_i) &\leq 4\pi \max_{s,t \in [0,1]} |\dot{\gamma}_1(s) - \dot{\gamma}_1(t)| \leq \ell(\gamma_i)^2 \int_0^1 k_{1,i}^2 + k_{2,i}^2 d\mu_{\gamma_i}, \\ 8\pi &\leq \ell(\gamma_i) \int_0^1 k_{1,i}^2 + k_{2,i}^2 d\mu_{\gamma_i} \stackrel{(3.22)}{\leq} C_1 \int_0^1 k_{1,i}^2 + k_{2,i}^2 d\mu_{\gamma_i}. \end{aligned}$$

By (2.1) there is a constant $C_2 > 0$, depending only on the data, such that summing over i

$$8\pi m = \sum_{i=1}^m 8\pi \leq C_1 \sum_{i=1}^m \int_0^1 k_{1,i}^2 + k_{2,i}^2 d\mu_{\gamma_i} \leq C_1 C_2 (\mathcal{F}(S) + |S|).$$

We conclude that $m \leq C_1 C_2 (\Lambda + A) / 8\pi := C$. \square

Since every admissible sequence S^n satisfies $1 \leq \#S^n \leq C$, we can now study the compactness property for each component separately. From here onwards we omit the component index i .

Proposition 3.7 (Compactness). *Let $\gamma^n : [0, 1] \rightarrow \mathbb{R}^2$ be a sequence of generating curves for admissible surfaces Σ^n . Then, either*

(i) *there exists a subsequence γ^{n_k} and a generalized generator γ as in Definition 2.3 such that γ^{n_k} converges to γ in the sense of (3.4)-(3.6),*

or

(ii) *there exists a point $(0, z) \in \mathbb{R}^2$ such that $\gamma^n \rightarrow (0, z)$ strongly in $W^{1,2}((0, 1); \mathbb{R}^2)$.*

Proof. Let Σ^n be a sequence of admissible surfaces generated by $\gamma^n : [0, 1] \rightarrow \mathbb{R}^2$, parametrized so that $|\dot{\gamma}(t)| \equiv \ell(\gamma^n)$. It holds

$$\sup_{n \in \mathbb{N}} \int_0^1 (k_1^n)^2 + (k_2^n)^2 d\mu_{\gamma^n} \stackrel{(2.1)}{\leq} C(\mathcal{H}(\Sigma^n) + |S^n|) \stackrel{(3.18)}{\leq} C(\Lambda + A). \quad (3.23)$$

Step I. Proof of case (ii) and convergence (3.4) in case (i). By (3.19), Lemma 2.2 and (3.23), there exists a constant $C > 0$ such that

$$\max_{t \in [0, 1]} |\gamma^n(t)| + |\dot{\gamma}^n(t)| \leq \max_{t \in [0, 1]} |\gamma^n(t)| + |\ell(\gamma^n)| \leq C \quad (3.24)$$

for every $n \in \mathbb{N}$. Therefore, by Arzelà-Ascoli Theorem and weak-* compactness in L^∞ there exists a subsequence, which we do not relabel, and a there exists a continuous limit curve $\gamma : [0, 1] \rightarrow \mathbb{R}^2$ such that

$$\gamma^n \rightarrow \gamma \quad \text{uniformly in } C^0([0, 1]; \mathbb{R}^2), \quad (3.25)$$

$$\dot{\gamma}^n \rightharpoonup^* \dot{\gamma} \quad \text{weakly-* in } L^\infty((0, 1); \mathbb{R}^2). \quad (3.26)$$

Moreover, up to extracting a further subsequence, since $\{|\dot{\gamma}^n|\}$ is just a bounded sequence of real numbers, we can assume that $|\dot{\gamma}^n| \rightarrow L$. The point now is to prove that $|\dot{\gamma}| = L$.

If $L = 0$, by lower-semicontinuity of the L^2 -norm with respect to the weak topology

$$0 = \lim_{n \rightarrow \infty} \int_0^1 |\dot{\gamma}^n|^2 dt \geq \int_0^1 |\dot{\gamma}|^2 dt \geq 0, \quad (3.27)$$

i.e., $\dot{\gamma}^n \rightarrow 0$ strongly in $L^2((0, 1); \mathbb{R}^2)$ and γ^n strongly converges in $W^{1,2}((0, 1); \mathbb{R}^2)$ to a constant γ . If, by absurd $\gamma_1 > 0$, then there exists $\varepsilon > 0$ such that $\gamma_1^n(t) > \varepsilon$ for all n big enough and thus (as in [5, Lemma 3.1])

$$(2\pi)^2 \leq \ell(\gamma^n) \int_0^{\ell(\gamma^n)} |\ddot{\gamma}^n|^2 dt \leq \frac{\ell(\gamma^n)}{\varepsilon} \int_0^{\ell(\gamma^n)} |\ddot{\gamma}^n|^2 \gamma_1^n dt \leq \frac{\ell(\gamma^n)}{\varepsilon} \int_{\Sigma^n} (k_1^n)^2 dA,$$

and therefore, $\ell(\gamma^n) > \frac{4\pi^2\varepsilon}{\Lambda}$, which contradicts (3.27). This covers case (ii) of Proposition 3.7. We also note that

$$\lim_{n \rightarrow \infty} |\Sigma^n| = 0 \quad \text{if and only if} \quad \lim_{n \rightarrow \infty} |\dot{\gamma}^n| = 0.$$

Indeed, the “only if” part follows directly from Lemma 2.2 and (3.23), while the “if” part is a consequence of (2.3), (3.25) and (3.27). In the following steps, in order to prove case (i), we assume

$$|\dot{\gamma}^n| \rightarrow L > 0. \quad (3.28)$$

Step II. Convergence (3.5) in case (i). We have to show that

$$\dot{\gamma}^n \rightarrow \dot{\gamma} \quad \text{strongly in } L^2((0, 1); \mathbb{R}^2).$$

Recall that the Total Variation of a function $f : [0, 1] \rightarrow \mathbb{R}$ is defined as

$$V_{[0,1]}(f) := \sup \left\{ \sum_{j=0}^{N-1} |f(t_{i+1}) - f(t_i)| : \{0 = t_0, \dots, t_N = 1\} \text{ is a partition of } [0, 1] \right\}.$$

By Lemma 2.7, for any interval $(a, b) \subseteq (0, 1)$

$$4\pi |\dot{\gamma}_1^n(b) - \dot{\gamma}_1^n(a)| \leq |\dot{\gamma}^n|^2 \int_a^b (k_1^n)^2 + (k_2^n)^2 d\mu_{\gamma^n}.$$

Therefore, by (3.28) and (3.23), there exists a constant $C > 0$ such that

$$V_{[0,1]}(\dot{\gamma}_1^n) \leq \frac{|\dot{\gamma}^n|}{4\pi} \int_0^1 (k_1^n)^2 + (k_2^n)^2 d\mu_{\gamma^n} \leq C.$$

By standard compactness in Bounded Variation spaces (see, e.g., [15]), there exists a subsequence $\gamma_1^{n_k}$ and a limit function $\sigma \in BV((0, 1); \mathbb{R}^2)$ such that

$$\dot{\gamma}_1^{n_k} \rightarrow \sigma \quad \text{strongly in } L^1(0, 1).$$

Since $\dot{\gamma}_1$ is also bounded in $L^\infty(0, 1)$

$$\dot{\gamma}_1^{n_k} \rightarrow \sigma \quad \text{strongly in } L^p(0, 1) \quad \forall p \in [1, +\infty),$$

and by (3.26) we can identify the weak limit $\dot{\gamma}_1$ with the strong limit σ . We have thus proved

$$\dot{\gamma}_1^n \rightarrow \dot{\gamma}_1 \quad \text{strongly in } L^p(0, 1) \quad \forall p \in [1, +\infty).$$

Since, by hypothesis, $\gamma_1^n(t) > 0$ for all $t \in (0, 1)$, $\gamma_1 \geq 0$ for all $t \in [0, 1]$. Let

$$E := \{t \in [0, 1] : \gamma_1(t) = 0\}.$$

Note that E is a compact subset of $[0, 1]$, so, in particular, it is Lebesgue-measurable. Assume, by contradiction, that $|E| > 0$. Owing to the bound on the energy, there is a constant $C > 0$ such that

$$C \geq \int_{\Sigma^n} (k_2^n)^2 dA \geq 2\pi \int_0^1 \frac{(\dot{\gamma}_2^n)^2}{\gamma_1^n |\dot{\gamma}^n|} dt \geq 2\pi \int_E \frac{(\dot{\gamma}_2^n)^2}{\gamma_1^n |\dot{\gamma}^n|} dt \geq \frac{2\pi}{|\dot{\gamma}^n|} \int_E \frac{(\dot{\gamma}_2^n)^2}{\varepsilon} dt.$$

By (3.28) $|\dot{\gamma}^n|$ is bounded from above and we can find a new constant C such that

$$\forall \varepsilon > 0 \exists \bar{n} \in \mathbb{N} : \quad \|\dot{\gamma}_2^n\|_{L^2(E)}^2 \leq \varepsilon C \quad \forall n > \bar{n},$$

which implies that $\dot{\gamma}_2^n \rightarrow 0$, strongly in $L^2(E)$. Since $(\dot{\gamma}_1^n)^2 = \ell(\gamma^n)^2 - (\dot{\gamma}_2^n)^2$, by (3.28) $|\dot{\gamma}_1^n| \rightarrow L$ strongly in $L^2(E)$. Since strong convergence implies pointwise convergence (up to extracting a subsequence), we obtain that $\dot{\gamma}_1(t) \in \{-L, L\}$ for a.e. $t \in E$. On the other hand, since every $t \in E$ is a point of minimum for γ_1 , it must be $\dot{\gamma}_1(t) = 0$ for a.e. $t \in E$. We have thus obtained a contradiction and we conclude that $|E| = 0$.

For $h \in \mathbb{N}$ define

$$A_h := \left\{ t \in [0, 1] : \gamma_1(t) > \frac{2}{h} \right\}.$$

Since $A_h \subset A_{h+1}$ and $[0, 1] \setminus E \subseteq \cup_{h \in \mathbb{N}} A_h$, we have that

$$\lim_{h \rightarrow \infty} |[0, 1] \setminus A_h| = 0. \quad (3.29)$$

Our aim is now to show that

$$\dot{\gamma}_2^n \rightarrow \dot{\gamma}_2 \quad \text{strongly in } L^1(A_h). \quad (3.30)$$

In fact, since

$$\int_0^1 |\dot{\gamma}_2^n - \dot{\gamma}_2| dt \leq \int_{A_h} |\dot{\gamma}_2^n - \dot{\gamma}_2| dt + (|\dot{\gamma}^n| + L)|[0, 1] \setminus A_h|,$$

then (3.29) and (3.30) imply that $\dot{\gamma}_1^n \rightarrow \dot{\gamma}_1$ strongly in $L^1(0, 1)$ and thus

$$\dot{\gamma}_1^n \rightarrow \dot{\gamma}_1 \quad \text{strongly in } L^p(0, 1), \quad \forall p \in [1, +\infty).$$

In order to prove (3.30), note that since γ_1^n converges uniformly to γ_1 , for every $h \in \mathbb{N}$ there is $\bar{n} \in \mathbb{N}$ such that

$$\gamma_1^n(t) > \frac{1}{h} \quad \forall t \in A_h, \quad \forall n > \bar{n}.$$

Let now h be fixed, \bar{n} given as above and let $(a, b) \subset A_h$. By exchanging the role of $\dot{\gamma}_1$ and $\dot{\gamma}_2$ in Lemma 2.7, for all $n > \bar{n}$

$$\begin{aligned} 4\pi|\dot{\gamma}_2^n(b) - \dot{\gamma}_2^n(a)| &\leq |\dot{\gamma}^n|^{3/2} \left(\int_a^b (k_1^n)^2 d\mu_{\gamma^n} + \int_a^b \frac{(\dot{\gamma}_1^n)^2}{\gamma_1^n} dt \right) \\ &\leq |\dot{\gamma}^n|^{3/2} \left(\int_a^b (k_1^n)^2 d\mu_{\gamma^n} + h \int_a^b (\dot{\gamma}_1^n)^2 dt \right). \end{aligned}$$

As we did for $\dot{\gamma}_1^n$, we can then control $V_{\bar{A}_h}(\dot{\gamma}_2^n) \leq C(1 + h)$, and conclude (3.30). Strong convergence of $\dot{\gamma}_1^n$ and $\dot{\gamma}_2^n$, in particular, implies

$$\lim_{n \rightarrow \infty} |\dot{\gamma}^n| = |\dot{\gamma}|. \quad (3.31)$$

Step III. Convergence (3.6) in case (i). The proof of convergence (3.6) follows from the strong- L^2 convergence of $\dot{\gamma}^n$. Integrating by parts on $(0, 1)$, for all $\phi \in C_c^1(\mathbb{R})$

$$\begin{aligned} \int_{\mathbb{R}} \ddot{\gamma}_1^n(t) \phi(t) d\mu_{\gamma^n}(t) &= \frac{1}{|\dot{\gamma}^n|^3} \int_0^1 \frac{d}{dt} \{ \dot{\gamma}_1^n(t) \} \phi(t) \gamma_1^n(t) dt \\ &= -\frac{1}{|\dot{\gamma}^n|^3} \left\{ \int_0^1 (\dot{\gamma}_1^n(t))^2 \phi(t) dt + \int_0^1 \dot{\gamma}_1^n(t) \gamma_1^n(t) \dot{\phi}(t) dt \right\}. \end{aligned}$$

By (3.25) and (3.31) we can pass to the limit as $n \rightarrow \infty$ and integrate back by parts

$$\begin{aligned} \lim_{n \rightarrow \infty} \int_{\mathbb{R}} \ddot{\gamma}_1^n(t) \phi(t) d\mu_{\gamma^n}(t) &= -\frac{1}{|\dot{\gamma}|^3} \left\{ \int_0^1 (\dot{\gamma}_1(t))^2 \phi(t) dt + \int_0^1 \dot{\gamma}_1(t) \gamma_1(t) \dot{\phi}(t) dt \right\} \\ &= \frac{1}{|\dot{\gamma}|^3} \int_0^1 \ddot{\gamma}_1(t) \phi(t) \gamma_1(t) dt \\ &= \int_{\mathbb{R}} \ddot{\gamma}_1(t) \phi(t) d\mu_{\gamma}(t). \end{aligned} \tag{3.32}$$

In the same way, we get that

$$\lim_{n \rightarrow \infty} \int_{\mathbb{R}} \ddot{\gamma}_2^n(t) \phi(t) d\mu_{\gamma^n}(t) = \int_{\mathbb{R}} \ddot{\gamma}_2(t) \phi(t) d\mu_{\gamma}(t). \tag{3.33}$$

Limits (3.32) and (3.33) prove convergence (3.6). □

We now have all the ingredients to prove Theorem 1.1.

3.5 Proof of Theorem 1.1

Let the area and volume constraints A, V be given, such that the isoperimetric inequality (1.12) is satisfied. Let the set $\mathcal{A}(A, V)$ and the functional \mathcal{F} be given as in the statement of Theorem 1.1. Let $S^n = (\Sigma_1^n, \dots, \Sigma_{m(n)}^n) \in \mathcal{A}(A, V)$, where $m(n) = \#S^n$, be a sequence of systems of revolution surfaces such that

$$\lim_{n \rightarrow \infty} \mathcal{F}(S^n) = \inf_{S \in \mathcal{A}(A, V)} \mathcal{F}(S). \tag{3.34}$$

Note that by (2.1)

$$\sum_{i=1}^{m(n)} \left(\frac{|\Sigma_i^n|}{2} + \int_{\Sigma_i^n} (k_{1,i}^n)^2 + (k_{2,i}^n)^2 dA \right) \leq C(A + \mathcal{F}(S^n)).$$

Since S^n satisfies $\mathcal{F}(S^n) \leq \Lambda$, for a suitable $\Lambda > 0$, by Lemma 3.6 there is a constant $C > 0$ such that $\#S^n < C$ for all $n \in \mathbb{N}$. We can thus extract a subsequence (not relabeled) and find $m \in \mathbb{N}$, such that $\#S^n \equiv m$ for all n . By Corollary 2.3 the total length of the curves generating S^n is uniformly bounded and therefore it is not restrictive to assume that there exists $R > 0$ such that every S^n is contained in the ball of radius R centered at the origin. Thus S^n is *admissible* in the sense of Section 3.4. We can therefore

apply the compactness result, i.e. Proposition 3.7. Up to extracting m subsequences, we find generalized generators $\gamma_1, \dots, \gamma_j$ and real numbers z_1, \dots, z_{m-j} , for $0 < j \leq m$, such that, as $n \rightarrow \infty$

$$(\gamma_1^n, \dots, \gamma_j^n) \rightarrow (\gamma_1, \dots, \gamma_j),$$

in the sense of convergence (3.4)-(3.6) and

$$(\gamma_{j+1}^n, \dots, \gamma_m^n) \rightarrow ((0, z_1), \dots, (0, z_{m-j}))$$

strongly in $W^{1,2}((0, 1); \mathbb{R}^2)$. Denoting by S the system of surfaces generated by $(\gamma_1, \dots, \gamma_j)$, by the lower-semicontinuity Proposition 3.3

$$\liminf_{n \rightarrow \infty} \mathcal{F}(S^n) \geq \mathcal{F}(S),$$

so that, by (3.34), $\mathcal{F}(S) = \inf \mathcal{F}$. To conclude, we have to show that $S \in \mathcal{A}(A, V)$, or, more precisely, that S can be (re)parametrized by curves in (G0) or (G1), which satisfy the area and volume constraints. By Section 3.2, the constraints are continuous with respect to strong convergence in $W^{1,2}((0, 1); \mathbb{R}^2)$, so that $|S| = A$ and $\text{Vol}(S) = V$. Let γ be a generator of S , we distinguish two cases. If $\gamma_1(t) > 0$ for all $t \in [0, 1]$, then γ is the limit of a sequence $\gamma^n \in (\text{G1})$, which implies that γ is closed; by Lemma 2.4 γ satisfies (1.5) and we infer that $\gamma \in (\text{G1})$. In the second case, $\{\gamma_1 = 0\} \neq \emptyset$. Since it's not restrictive to assume that $\gamma_1(0) = \gamma_1(1) = 0$, we can apply Corollary 2.9 and conclude that γ can be reparametrized as a union of curves in (G0), which generate a family of surfaces with the same area, enclosed volume, and Helfrich energy as the one generated by γ . The proof of Theorem 1.1 is thus complete.

As a final note, recalling Remark 1.1 on the index of a system of curves, if we restrict the minimization to the class of systems of disjoint curves such that $I(S, p) \in \{0, 1\}$ for almost every $p \in \mathbb{R}^2$, by continuity of the index under uniform convergence, we obtain that the index takes values 0 or 1 also for the limit system. In particular, this implies that the minimizer is without self-crossings.

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